

# Including Families in Career Education

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# Familial Influence on College Students' Career Decision-Making

- Family support influences career search **self-efficacy** (Nota et al., 2007; Raymund et al., 2012)
- **More associations** with career aspirations than **SES** or **family career history** (Whiston & Keller, 2004)
- Quality of **parent-student relationships** correlate with **openness** to exploring career options
- **Psychosocial support** is the most important familial influence on career planning (Palos & Drobot, 2010)



# Collaboration

- Student employee education
- Career Fair Readiness
- Webchats for Families
- Print/Online Resources



# eNewsletters: *Hofstra Family Link*



## Career Fair Opportunities

Please remind your students to attend the Hofstra Spring Career Fair!

Wednesday, March, 28, 2018

11 a.m. - 2 p.m.

David S. Mack Sports and Exhibition Complex

- Over 150 employers
- Full-Time and Part-Time jobs and internships
- ALL majors and class levels welcome!
- Students can view employers and register through their portal.
  - Click "Handshake" and "Fairs"

**Opportunities for YOU, parent, or your company to participate:**

- Standard registration includes entry for two recruiters, one six-foot table, and a light lunch
- For more information, please email [parents@hofstra.edu](mailto:parents@hofstra.edu)

Follow [facebook.com/HofstraParents](https://www.facebook.com/HofstraParents) to receive information about our upcoming Career Fair Webchat.

## Career & Internship Fairs

Fall Career and Internship Fair

Wednesday, October 17, 2018

11:00 a.m. - 2:00 p.m.

David S. Mack Sports and Exhibition Complex

All Hofstra students are invited to meet with over 140 companies who will visit campus to recruit for full-time, part-time, and internship positions in all industries.

[Click here to view our webchat about how best support your student in preparation for this Career & Internship Fair.](#)

Remind your students to view employers attending the Career Fair by visiting [hofstra.edu/careerhub](https://hofstra.edu/careerhub) in their portal, click "Handshake," "Events," "Find Career Fairs."

Students are encouraged to meet with a career advisor in the Career Center and get their resume critiqued prior to attending a fair. Students should dress in business attire.

Contact The Career Center

516-463-6060

[careercenter@hofstra.edu](mailto:careercenter@hofstra.edu)

Quick Question Hours this week:

Tuesday and Thursday - 3:30 - 4:30 p.m.

Wednesday 11:00 a.m. - 1:00 p.m.

Follow The Career Center on social media [@hofstracareer](https://twitter.com/hofstracareer).

### All Upcoming Career Fairs

Fall Career and Internship Fair

October 17, 11:00 a.m. - 2:00 p.m.

David S. Mack Sports and Exhibition Complex, North Campus

Communication Career and Internship Fair

November 7, 11:00 a.m. - 2:00 p.m.

Studio A, The Lawrence Herbert School of Communication, South Campus

Engineering and Computer Science Career Fair

November 14, 11:00 a.m. - 2:00 p.m.

HofstraUSA, North Campus

# Hofstra Family Handbook

- “Career” is mentioned 51 times!
- “Career Center” is mentioned 14 times.



## The Career Center

The Career Center supports the mission of Hofstra University and the Division of Student Affairs by creating a positive environment where personal and professional growth lead to successful outcomes for students, alumni, and employers. Our vision: Every Hofstra student is empowered to create a meaningful life and career.

To achieve this vision, The Career Center offers one-on-one counseling services, in-person and online workshops to groups (classes, student organizations, etc.), career fairs, creative networking events to connect students to alumni and other professionals, field trips to a variety of companies, collaboration with campus departments and partners, and much more.

In addition to personalized counseling service and workshops, The Career Center offers a variety of online resources for students, all available at the Hofstra Career Hub ([hofstra.edu/careerhub](https://hofstra.edu/careerhub)):

- **ASK – Alumni Student Connection**, a database of more than 600 alumni volunteers
- **Handshake**, the centralized resource for jobs, internships, company connections and all career events
- **UCAN – University Career Action Network**, a consortium of 20 prestigious institutions (including Hofstra, Harvard,

Duke, and Princeton universities) that shares internship opportunities with students at each participating institution

- **GoinGlobal**, a resource to help students locate and prepare for international employment opportunities

Parents and students are invited to visit [hofstra.edu/career](https://hofstra.edu/career) or contact The Career Center at 516-463-6060 or [careercenter@hofstra.edu](mailto:careercenter@hofstra.edu).

## GLOSSARY: HOFSTRASPEAK

The **Career Hub** is an online resource that allows for “one-stop shopping” for career resources. The site provides a variety of sites and resources specifically for Hofstra students to explore options, prepare applications, and seek internship and job opportunities. Students can access the system at [hofstra.edu/careerhub](https://hofstra.edu/careerhub) and parents and family members can learn more at [hofstra.edu/career](https://hofstra.edu/career).

**Handshake** is a primary source of career-related information at Hofstra, including event listings and internship/job opportunities. Students access Handshake, which has thousands of opportunities each year, through The Career Hub. Parents and family members can read more at [hofstra.edu/career](https://hofstra.edu/career).

# Included in the Guide for First Generation Families

## What is a Career Center?

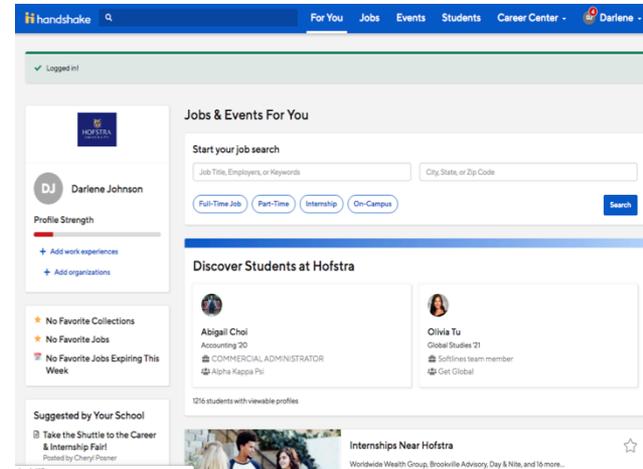
The Hofstra Career Center is a place for **every student, of every class year and every major**. We can help with the following:

- Choosing a major based on your interests, skills, values and personality
- Discussing **barriers** to major and career selection
- Researching various majors and careers, **including job outlook**
- Obtaining shadowing and internship experiences in potential career fields
- Taking your **prior experiences** and highlighting them on a resume and during an interview
- Events where students can meet large numbers of **hiring employers**



# How to Speak with Parents About Career Development

- Understand their fears about bleak job outlooks for certain majors. Are these assumptions? What are the facts? <https://www.bls.gov/ooh/>
- Encourage them to ask questions of their student such as:
  - What about this career interests you?
  - What skills do you have that would match this career?
  - What research have you done about this career?
  - Have you thought about doing an internship in this field?
  - Are there clubs or organizations at your school related to this field?
  - Are you working with your college career center?
  - Where do employers post jobs and internships for your school?
- Tell them how to be informed about career center events, and encourage their student to attend



- Encourage parents to discuss their own jobs.
- Have them think about their own networks.
- Help them to understand that majors change, and major does not always equal career path.

As PFP staff...

- Attend career center events to have first-hand knowledge to share with parents, and volunteer!
- Make connections with career center staff so that you can make direct referrals, but manage expectations of parents regarding the service they will receive



# Creating an Action Plan

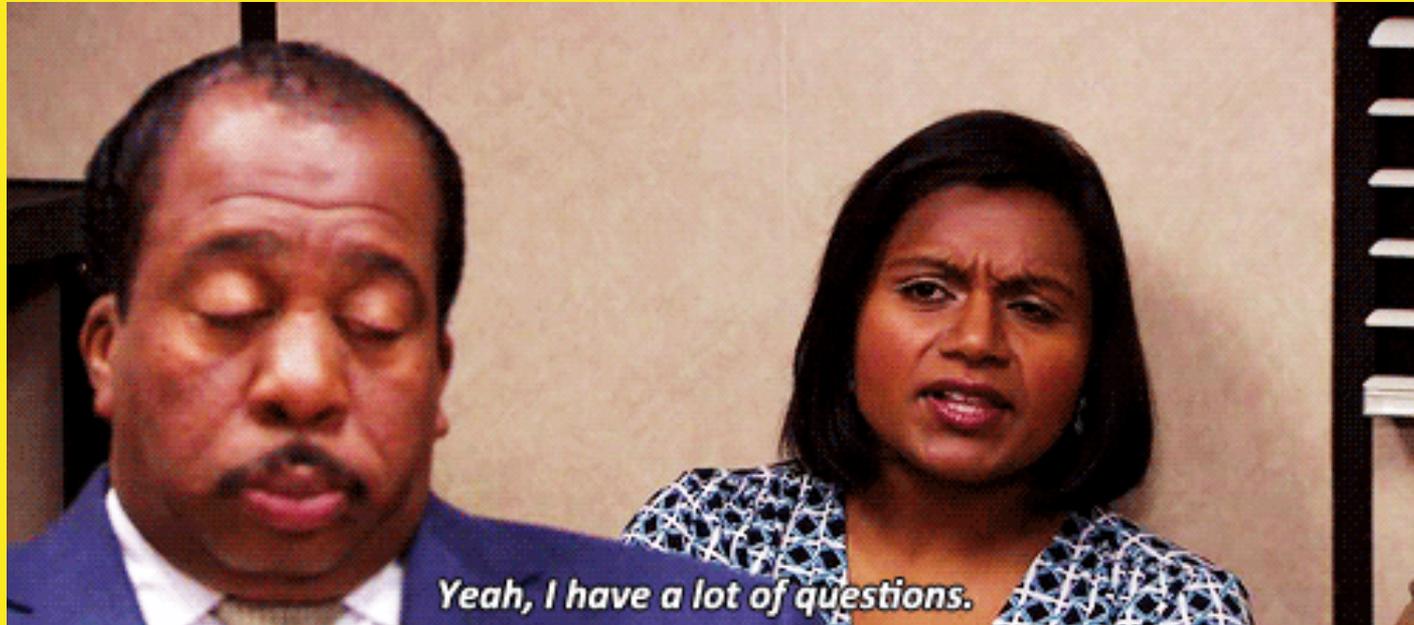
Get into groups based on your institution size and answer the following:

- Why is this topic important?
- What specific career concerns might my population of parents have for their students?
- What are we already doing to work with our career center? What is working well? What could be better?
- What new initiatives can I suggest for the rest of the academic year?
- What resources or additional assistance would I need to accomplish these new plans?

What new ideas did you come up with?

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# Questions?



Thank you!



# Contact Us

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